Lunch menu selection from 18.03.2024 to 24.03.2024
Ward
Room:

|  | Lindenburg Menu |  | Sülz Menu |  |  | Grüngürtel Menu |  | Pastries |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mon | (R) Chilli con carne <br> Rice <br> Fruit yoghurt <br> g |  | Turkey ragout <br> Wholegrain penne pasta <br> Leipziger Allerlei <br> (Leipzig mixed vegetables) <br> Kiwi fruit | a | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | (V) Mie noodles with egg <br> Red Thai sauce <br> Stir-fried vegetables <br> Apple sauce <br> 3 |  | Butter cookie 6,a,c,g | $\square$ |
| Tue | Vegetarian stuffes peppers 2,a,g,h <br> Provencal tomato sauce 8 <br> Rice <br> Fruit yoghurt <br> g |  | (S) Cured pork roast <br> Caraway jus <br> Mashed potatoes 2,3,6,9 <br> Sauerkraut cabbage Apple | $2.3$ | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Ratatouille vegetables   <br> Wholegrain spaghetti a  <br> Parmesan 2,c,g  <br> Apple sauce 3  |  | Lemon cake 6,a,c | $\square$ |
| Wed | Chicken breast <br> Suprême sauce <br> $3, g, i$ <br> Wholegrain rice <br> Peas and carrots g <br> Fruit yoghurt g |  | (S) Potato soup <br> (C) Bockwurst sausage <br> Brown bread <br> Pear | 2,3,6 | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Mushroom ragout g Potatoes with parsley Apple sauce |  | Cream biscuit a,c,g, | $\square$ |
| Thu | (S) Königsberger Klopse (meatballs in a white sauce) <br> Caper sauce <br> Rice <br> Beetroot 5 <br> Fruit yoghurt |  | Chicken and pasta stew <br> Brown bread <br> a <br> Apple |  | $\begin{aligned} & \square \\ & \square \\ & \square \end{aligned}$ | Rocket and sweet potato fritters <br> Tomato ragout <br> Mixed Courgettes <br> Apple sauce | a $\square$ <br>  $\square$ <br>  $\square$ <br>  $\square$ | Cherry biscuits a | $\square$ |
| Fri | Fillet of sea trout <br> Mustard sauce <br> Salted boiled potatoes <br> Creamed spinach g <br> Fruit yoghurt g |  | Roast duck <br> Orange sauce g <br> Mini potato dumplings <br> Red cabbage 2,5 <br> Kiwi fruit |  | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Tofu with vegetables Sweet-and-sour sauce Jasmine rice Apple sauce |  | Traditional raised pastry a,c,g | $\square$ |
| Sat | Veal roast <br> Cream sauce <br> Roast potatoes <br> Cauliflower <br> Fruit yoghurt <br> g |  | Vegetable and potato stew <br> (S) Bockwurst sausage <br> Brown bread <br> Pear | 2,3,6 | $\begin{aligned} & \square \\ & \square \\ & \square \\ & \square \end{aligned}$ | Omelette 6,c,g <br> Mashed potatoes 2,3,6,9 <br> Creamed peas g <br> Apple sauce | $\square$ | Marble cake $\quad$ 1,5,6,a,c | $\square$ |
| Sun | Stir fry with turkey f <br> Mie noodles $\mathrm{a}, \mathrm{c}$ <br> Fruit yoghurt g |  | Turkey steak Hollandaise sauce a,c,g Salted boiled potatoes Broccoli Kiwi fruit |  | $\square$ $\square$ $\square$ $\square$ $\square$ | Tagliatelle a <br> Veg. bolognaise a,,,i <br> Parmesan $2, c, g$ <br> Apple sauce 3 |  | Lemon biscuit a,c,g | $\square$ |

## Enjoy your meal

$1=$ contains food colouring, $2=$ contains preservatives, $3=$ contains anti-oxidant, $5=$ contains sweetener, $6=$ contains phosphate, $a=$ contains gluten, $b=$ contains crab, $c=$ contains egg and egg products, $d=$ contains fish, $f=$ contains soya (non-GM), $g=$ contains milks and dairy products including lactose, $h=$ contains shellfish, $i=$ contains celery, $\mathrm{j}=$ contains mustard

