

Lunch menu selection from 11.01.2021 to 17.01.2021

Ward: _____

Room: _____

	Lindenburg Menu	Sülz Menu	Grüngürtel Menu	Pastries
Mon	Turkey in tomato and herb sauce <input type="checkbox"/> Penne ^a <input type="checkbox"/> Mixed courgettes <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	(P) Mini meatloaf (5) ^{2,3,6} <input type="checkbox"/> Onion gravy <input type="checkbox"/> Mashed potatoes ^{2,3,6,g} <input type="checkbox"/> Sauerkraut cabbage ⁱ <input type="checkbox"/> Tangerine <input type="checkbox"/>	Vegetarian spring roll ^{a,c,f} <input type="checkbox"/> Sweet-and-sour sauce ^{1,i,j} <input type="checkbox"/> Mixed rice ⁱ <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Lemon cake ^{6,a,c} <input type="checkbox"/>
Tue	(B) Cevapcici <input type="checkbox"/> Thyme sauce <input type="checkbox"/> Tomato rice ⁱ <input type="checkbox"/> Duet of beans ³ <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Breaded pork chop ^a <input type="checkbox"/> Mushroom and onion sauce ^{a,g} <input type="checkbox"/> Spätzle (egg pasta) ^{a,c} <input type="checkbox"/> Brussels sprouts <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Spinach and pepper gnocchi <input type="checkbox"/> Onion and sage sauce ^g <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Lemon cake ^{6,a,c} <input type="checkbox"/>
Wed	(F) Fish pie ^{a,d,d} <input type="checkbox"/> Chive sauce ^{g,i} <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Spring vegetables ⁱ <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Fricassee of chicken ^{1,3,g,i,j} <input type="checkbox"/> Rice <input type="checkbox"/> Carrots <input type="checkbox"/> Apple <input type="checkbox"/>	Fried potato dumpling fingers ^{a,c} <input type="checkbox"/> Herb sauce ^g <input type="checkbox"/> Mixed vegetables <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Cream biscuit ^{a,c,g,h} <input type="checkbox"/>
Thu	Chicken and mango curry ^{3,i} <input type="checkbox"/> Basmati rice <input type="checkbox"/> Leaf spinach <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	(P) Potato soup ^{2,3,i} <input type="checkbox"/> (P) Bockwurst sausage ^{2,3,6} <input type="checkbox"/> Brown bread ^a <input type="checkbox"/> Banana <input type="checkbox"/>	(V) Vegetable patties ^{a,c,i} <input type="checkbox"/> Mashed potatoes ^{2,3,6,g} <input type="checkbox"/> Savoy cabbage in a cream sauce ^{g,i} <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Chocolate coins ^{a,c,f,g} <input type="checkbox"/>
Fri	Hungarian pork goulash ^{g,i} <input type="checkbox"/> Mini potato dumplings <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Breaded pollock ^{6,a,c,j,d} <input type="checkbox"/> Remoulade ^{1,c,j} <input type="checkbox"/> Horseradish mash ^{3,9,g,l} <input type="checkbox"/> Peas and carrots ^g <input type="checkbox"/> Tangerine <input type="checkbox"/>	(V) Minestrone ⁱ <input type="checkbox"/> Rice <input type="checkbox"/> Parmesan ^{2,c,g} <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Shortbread biscuits ^a <input type="checkbox"/>
Sat	Chicken and mushroom ragout ^{3,g} <input type="checkbox"/> Wholegrain rice <input type="checkbox"/> Mixed vegetables <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	(P) Pepper kebab <input type="checkbox"/> Hash browns <input type="checkbox"/> Hungarian pepper ragout ^{3,5,i,j} <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Vegetarian moussaka ^{a,c,f,g} <input type="checkbox"/> Chive sauce ⁱ <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Cream biscuit ^{a,c,g,h} <input type="checkbox"/>
Sun	Beef bolognaise ⁱ <input type="checkbox"/> Spaghetti ^a <input type="checkbox"/> Parmesan ^{2,c,g} <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Roast pork ^j <input type="checkbox"/> Gravy <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Braised beans <input type="checkbox"/> Pear <input type="checkbox"/>	(V) Couscous tartlet ^{a,i,j} <input type="checkbox"/> Courgette ragout ⁱ <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Spiced biscuits ^{a,g} <input type="checkbox"/>

Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 5 = contains sweetener, 6 = contains phosphate, 9 = contains sulphur, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard, l = contains sulphur dioxide / sulphites

Menu selection

Breakfast			
Toppings (max. 8)		Wholegrain bread ^a	<input type="checkbox"/>
Savoury toppings		White bread ^a	<input type="checkbox"/>
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Extras (max.1)	
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Cocoa 3.5 % fat ^g	<input type="checkbox"/>
Liver sausage ²	<input type="checkbox"/>	Milk 3.5% fat ^g	<input type="checkbox"/>
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>	Snacks (max.1)	
Spicy turkey sausage ^{2, 3,}	<input type="checkbox"/>	Fruit yoghurt 3.5% fat ^{2, g}	<input type="checkbox"/>
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>	Compote	<input type="checkbox"/>
Cheese & quark		Muesli with milk 3.5% fat ^{a, g, h}	<input type="checkbox"/>
Cream cheese with herbs ^g	<input type="checkbox"/>	Muesli with natural yoghurt 1.5% fat ^{a,}	<input type="checkbox"/>
Cream cheese, natural ^g	<input type="checkbox"/>	Natural yoghurt 1.5% fat ^g	<input type="checkbox"/>
Gouda (lactose-free) ^g	<input type="checkbox"/>	Fruit	<input type="checkbox"/>
Greenland smoked cheese	<input type="checkbox"/>		
Maasdamer cheese (lactose-free)	<input type="checkbox"/>		
Low-fat quark 40 g ^g	<input type="checkbox"/>		
Sweet spreads			
Apricot jam	<input type="checkbox"/>		
Strawberry jam	<input type="checkbox"/>		
Honey	<input type="checkbox"/>		
Blackcurrant jam	<input type="checkbox"/>		
Cherry jam	<input type="checkbox"/>		
Chocolate hazelnut spread ^{f, g, h}	<input type="checkbox"/>		
Spreads			
Butter ^g	<input type="checkbox"/>		
Margarine ¹	<input type="checkbox"/>		
Rolls (max. 2)			
Multi-grain rolls ^{6, a, f}	<input type="checkbox"/>		
Long rolls ^{6, a}	<input type="checkbox"/>		
Bread rolls ^{a, c, g}	<input type="checkbox"/>		
Bread (max. 4)			
Crispbread ^{a, k}	<input type="checkbox"/>		
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>		
Brown bread ^a	<input type="checkbox"/>		
Wholegrain bread ^a	<input type="checkbox"/>		
White bread ^a	<input type="checkbox"/>		

Dinner			
Toppings (max. 8)			
Savoury toppings			
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Mon	Salad plate with <input type="checkbox"/>
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Tue	Salad plate with <input type="checkbox"/>
Liver sausage ²	<input type="checkbox"/>	Wed	Salad plate with brown bread and yoghurt dressing <small>a, c, g, i, j</small>
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>		
Spicy turkey sausage ^{2, 3, 6, j}	<input type="checkbox"/>		
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>		
Cheese & quark		Thu	Salad plate with <input type="checkbox"/>
Cream cheese with herbs ^g	<input type="checkbox"/>	Fri	Salad plate with <input type="checkbox"/>
Cream cheese, natural ^g	<input type="checkbox"/>	Sat	Salad plate with <input type="checkbox"/>
Gouda (lactose-free) ^g	<input type="checkbox"/>		
Greenland smoked cheese (lactose-free) ^{1, g}	<input type="checkbox"/>		
Maasdamer cheese (lactose-free) ^g	<input type="checkbox"/>	Sun	Salad plate with <input type="checkbox"/>
Sweet spreads			
Jam	<input type="checkbox"/>		
Spreads			
Butter ^g	<input type="checkbox"/>		
Margarine ¹	<input type="checkbox"/>		
Bread (max. 4)			
Crispbread ^{a, k}	<input type="checkbox"/>		
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>		
Brown bread ^a	<input type="checkbox"/>		
Wholegrain bread ^a	<input type="checkbox"/>		
White bread ^a	<input type="checkbox"/>		
Extras (max.1)			
Gherkin ^{2, 5}	<input type="checkbox"/>		
Tomato	<input type="checkbox"/>		
Snacks (max.1)			
Fruit yoghurt 3.5% fat ^{2, g}	<input type="checkbox"/>		
Natural yoghurt 1.5% fat ^g	<input type="checkbox"/>		

Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 4 = contains flavour enhancer, 5 = contains sweetener, 6 = contains phosphate, 9 = contains sulphur, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard, k = contains sesame, l = contains sulphur dioxide / sulphites, m = contains lupins

