

Lunch menu selection from 19.09.2022 to 25.09.2022
Ward: _____

Room: _____

	Lindenburg Menu	Sülz Menu	Grüngürtel Menu	Pastries
Mon	(R) Chilli con carne <input type="checkbox"/> Rice <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Turkey ragout 3,g,i <input type="checkbox"/> Wholegrain penne pasta a <input type="checkbox"/> Leipziger Allerlei (Leipzig mixed vegetables) <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	(V) Mie noodles with egg a,c <input type="checkbox"/> Red Thai sauce <input type="checkbox"/> Stir-fried vegetables f <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Butter cookie 6,a,c,g <input type="checkbox"/>
Tue	Stir fry with shrimps 1,2,b,f,d <input type="checkbox"/> Basmati rice <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(S) Cured pork roast 2,3 <input type="checkbox"/> Caraway jus <input type="checkbox"/> Mashed potatoes 2,3,6,g <input type="checkbox"/> Sauerkraut cabbage <input type="checkbox"/> Apple <input type="checkbox"/>	Ratatouille vegetables <input type="checkbox"/> Wholegrain spaghetti a <input type="checkbox"/> Parmesan 2,c,g <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Lemon cake 6,a,c <input type="checkbox"/>
Wed	Chicken breast <input type="checkbox"/> Suprême sauce 3,g,i <input type="checkbox"/> Wholegrain rice <input type="checkbox"/> Peas and carrots g <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(S) Potato soup i <input type="checkbox"/> (C) Bockwurst sausage 2,3,6 <input type="checkbox"/> Brown bread a <input type="checkbox"/> Pear <input type="checkbox"/>	Mushroom ragout g <input type="checkbox"/> Potatoes with parsley <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Cream biscuit a,c,g,h <input type="checkbox"/>
Thu	(S) Königsberger Klopse (meatballs in a white sauce) a,c,g <input type="checkbox"/> Caper sauce <input type="checkbox"/> Rice <input type="checkbox"/> Beetroot 5 <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Chicken and pasta stew 3,a,c,i <input type="checkbox"/> Brown bread a <input type="checkbox"/> Apple <input type="checkbox"/>	Rocket and sweet potato fritters a <input type="checkbox"/> Tomato ragout <input type="checkbox"/> Mixed Courgettes <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Cherry biscuits a <input type="checkbox"/>
Fri	Fillet of sea trout d <input type="checkbox"/> Mustard sauce j <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Creamed spinach g <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(S) Crusted roast pork j <input type="checkbox"/> Gravy <input type="checkbox"/> Spätzle (egg pasta) a,c <input type="checkbox"/> Brussels sprouts <input type="checkbox"/> Kiwi Fruit <input type="checkbox"/>	Tofu with vegetables f <input type="checkbox"/> Sweet-and-sour sauce 1,j <input type="checkbox"/> Jasmine rice <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Shortbread biscuits 1,5,6,a,g <input type="checkbox"/>
Sat	Veal roast <input type="checkbox"/> Cream sauce g <input type="checkbox"/> Roast potatoes <input type="checkbox"/> Cauliflower <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Vegetable and potato stew i <input type="checkbox"/> (S) Bockwurst sausage 2,3,6 <input type="checkbox"/> Brown bread a <input type="checkbox"/> Pear <input type="checkbox"/>	Omelette 6,c,g <input type="checkbox"/> Mashed potatoes 2,3,6,g <input type="checkbox"/> Creamed peas g <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Marble cake 1,5,6,a,c <input type="checkbox"/>
Sun	Stir fry with turkey f <input type="checkbox"/> Mie noodles a,c <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Turkey steak <input type="checkbox"/> Hollandaise sauce a,c,g <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Broccoli <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Tagliatelle a <input type="checkbox"/> Veg. bolognaise a,f,i <input type="checkbox"/> Parmesan 2,c,g <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Lemon biscuit a,c,g <input type="checkbox"/>

Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 5 = contains sweetener, 6 = contains phosphate, a = contains gluten, b = contains crab, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard

Dear Sir/Madam,



Menu selection

You can put together your individual meal from our wide range of dishes.
The Patient Service staff are on hand to assist with your menu requests.
The UKC kitchen team hopes that you enjoy your meal. Subject to change.

Breakfast		
Toppings (max. 8)	Wholegrain bread ^a	<input type="checkbox"/>
Savoury toppings	White bread ^a	<input type="checkbox"/>
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Extras (max.1)
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Cocoa 3.5 % fat ^g
Liver sausage ²	<input type="checkbox"/>	Milk 3.5% fat ^g
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>	Snacks (max.1)
Spicy turkey sausage ^{2, 3, 6, j}	<input type="checkbox"/>	Fruit yoghurt 3.5% fat ^{2, g}
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>	Compote
Cheese & quark	Muesli with milk 3.5% fat ^{a, g, h}	<input type="checkbox"/>
Cream cheese with herbs ^g	<input type="checkbox"/>	Muesli with natural yoghurt 1.5% fat ^{a, g, h}
Cream cheese, natural ^g	<input type="checkbox"/>	Natural yoghurt 1.5% fat ^g
Gouda (lactose-free) ^g	<input type="checkbox"/>	Fruit
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>	
Maasdamer cheese (lactose-free) ^g	<input type="checkbox"/>	
Low-fat quark 40 g ^g	<input type="checkbox"/>	
Sweet spreads		
Apricot jam	<input type="checkbox"/>	
Strawberry jam	<input type="checkbox"/>	
Honey	<input type="checkbox"/>	
Blackcurrant jam	<input type="checkbox"/>	
Cherry jam	<input type="checkbox"/>	
Chocolate hazelnut spread ^{f, g, h}	<input type="checkbox"/>	
Spreads		
Butter ^g	<input type="checkbox"/>	
Margarine ¹	<input type="checkbox"/>	
Rolls (max. 2)		
Multi-grain rolls ^{6, a, f}	<input type="checkbox"/>	
Long rolls ^{6, a}	<input type="checkbox"/>	
Bread rolls ^{a, c, g}	<input type="checkbox"/>	
Bread (max. 4)		
Crispbread ^{a, k}	<input type="checkbox"/>	
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>	
Brown bread ^a	<input type="checkbox"/>	
Wholegrain bread ^a	<input type="checkbox"/>	
White bread ^a	<input type="checkbox"/>	

Dinner			
Toppings (max. 8)			
Savoury toppings			
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Mon	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Tue	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Liver sausage ²	<input type="checkbox"/>	Wed	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>	Thu	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Spicy turkey sausage ^{2, 3, 6, j}	<input type="checkbox"/>	Fri	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>	Sat	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cheese & quark		Sun	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cream cheese with herbs ^g	<input type="checkbox"/>		
Cream cheese, natural ^g	<input type="checkbox"/>		
Gouda (lactose-free) ^g	<input type="checkbox"/>		
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>		
Maasdamer cheese (lactose-free) ^g	<input type="checkbox"/>		
Sweet spreads			
Jam	<input type="checkbox"/>		
Spreads			
Butter ^g	<input type="checkbox"/>		
Margarine ¹	<input type="checkbox"/>		
Bread (max. 4)			
Crispbread ^{a, k}	<input type="checkbox"/>		
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>		
Brown bread ^a	<input type="checkbox"/>		
Wholegrain bread ^a	<input type="checkbox"/>		
White bread ^a	<input type="checkbox"/>		
Extras (max.1)			
Gherkin ^{2, 5}	<input type="checkbox"/>		
Tomato	<input type="checkbox"/>		
Snacks (max.1)			
Fruit yoghurt 3.5% fat ^{2, g}	<input type="checkbox"/>		
Natural yoghurt 1.5% fat ^g	<input type="checkbox"/>		

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