

Lunch menu selection from 26.09.2022 to 02.10.2022
Ward: _____ **Room:** _____

	Lindenburg Menu	Sülz Menu	Grüngürtel Menu	Pastries
Mon	Creamy turkey goulash ^g <input type="checkbox"/> Herbed rice <input type="checkbox"/> Peas <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Carrot stew ⁱ <input type="checkbox"/> (P) Bockwurst sausage ^{2,3,6} <input type="checkbox"/> Brown bread ^a <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Vegetarian spring roll ^{a,c,f,i} <input type="checkbox"/> Sweet-and-sour sauce ^{1,i,j} <input type="checkbox"/> Mixed rice ⁱ <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Butter cookie ^{6,a,c,g} <input type="checkbox"/>
Tue	Lamb curry ^{g,h} <input type="checkbox"/> Turmeric rice <input type="checkbox"/> Leaf spinach <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Poultry fritter ^{6,a,c,i,j} <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Kohlrabi in cream ⁱ <input type="checkbox"/> Apple <input type="checkbox"/>	Tagliatelle ^a <input type="checkbox"/> Mediterranean sauce ^{f,i} <input type="checkbox"/> Parmesan ^{2,c,g} <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Lemon cake ^{6,a,c} <input type="checkbox"/>
Wed	Köfke ^g <input type="checkbox"/> Jus de herbes <input type="checkbox"/> Tomato rice ⁱ <input type="checkbox"/> Paprika pan ⁱ <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Pork ragout <input type="checkbox"/> Spätzle (egg pasta) ^{a,c} <input type="checkbox"/> Green beans <input type="checkbox"/> Pear <input type="checkbox"/>	Dumplings ^{a,c} <input type="checkbox"/> Creamed mushrooms ^g <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Cream biscuit ^{a,c,g,h} <input type="checkbox"/>
Thu	Chicken steak <input type="checkbox"/> Suprême sauce ^{3,g,i} <input type="checkbox"/> Wholegrain penne pasta ^a <input type="checkbox"/> Leipziger Allerlei (Leipzig mixed vegetables) <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	(P) Bratwurst sausage ^{4,g} <input type="checkbox"/> Rosemary sauce <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Red cabbage <input type="checkbox"/> Apple <input type="checkbox"/>	Vegetable fritters ^{3,a} <input type="checkbox"/> Herb sauce ^g <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Cherry biscuits ^a <input type="checkbox"/>
Fri	Cod fillet ^d <input type="checkbox"/> Dill sauce ^g <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Broccoli <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Lentil stew ^{i,j} <input type="checkbox"/> (P) Bockwurst sausage ^{2,3,6} <input type="checkbox"/> Brown bread ^a <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Lombardy ragout ^f <input type="checkbox"/> Tomato and basil sauce ⁱ <input type="checkbox"/> Wholegrain vegetable rice <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Shortbread biscuits ^{1,6,5,a,c} <input type="checkbox"/>
Sat	Cooked beef <input type="checkbox"/> Horseradish sauce ^{3,9,g,l} <input type="checkbox"/> Parsley boiled potatoes <input type="checkbox"/> Beetroot ^{3,5,i} <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	3 eggs ^{c,j} <input type="checkbox"/> Mustard sauce ^{g,l,i} <input type="checkbox"/> Parsley boiled potatoes ^{2,3,6,g} <input type="checkbox"/> Creamed spinach ⁱ <input type="checkbox"/> Pear <input type="checkbox"/>	Vegetable pasta casserole ^{2,a,c,g,i} <input type="checkbox"/> Paprikasauce <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Marble cake ^{1,5,6,a,c} <input type="checkbox"/>
Sun	Chicken curry ^{1,3} <input type="checkbox"/> Basmati rice <input type="checkbox"/> Fruit yoghurt ^g <input type="checkbox"/>	Pork escalope ^a <input type="checkbox"/> Rosemary sauce <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Brussels sprouts <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Vegetarian tortellini ^{a,c,g} <input type="checkbox"/> Vegetables in cheese sauce ^{1,6,g,i} <input type="checkbox"/> Apple sauce ³ <input type="checkbox"/>	Lemon biscuits ^{a,c,g} <input type="checkbox"/>

Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 4 = contains flavour enhancer, 5 = contains sweetener, 6 = contains phosphate, 9 = contains sulphur, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard, l = contains sulphur dioxide / sulphites

Dear Sir/Madam,

You can put together your individual meal from our wide range of dishes.
The Patient Service staff are on hand to assist with your menu requests.
The UKC kitchen team hopes that you enjoy your meal. Subject to change.



Breakfast		
Toppings (max. 8)	Wholegrain bread ^a	<input type="checkbox"/>
Savoury toppings	White bread ^a	<input type="checkbox"/>
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Extras (max.1)
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Cocoa 3.5 % fat ^g
Liver sausage ²	<input type="checkbox"/>	Milk 3.5% fat ^g
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>	Snacks (max.1)
Spicy turkey sausage ^{2, 3, 6, j}	<input type="checkbox"/>	Fruit yoghurt 3.5% fat ^{2, g}
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>	Compote
Cheese & quark	Muesli with milk 3.5% fat ^{a, g, h}	<input type="checkbox"/>
Cream cheese with herbs ^g	<input type="checkbox"/>	Muesli with natural yoghurt 1.5% fat ^{a, g, h}
Cream cheese, natural ^g	<input type="checkbox"/>	Natural yoghurt 1.5% fat ^g
Gouda (lactose-free) ^g	<input type="checkbox"/>	Fruit
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>	
Maasdamer cheese (lactose-free) ^g	<input type="checkbox"/>	
Low-fat quark 40 g ^g	<input type="checkbox"/>	
Sweet spreads		
Apricot jam	<input type="checkbox"/>	
Strawberry jam	<input type="checkbox"/>	
Honey	<input type="checkbox"/>	
Blackcurrant jam	<input type="checkbox"/>	
Cherry jam	<input type="checkbox"/>	
Chocolate hazelnut spread ^{f, g, h}	<input type="checkbox"/>	
Spreads		
Butter ^g	<input type="checkbox"/>	
Margarine ¹	<input type="checkbox"/>	
Rolls (max. 2)		
Multi-grain rolls ^{6, a, f}	<input type="checkbox"/>	
Long rolls ^{6, a}	<input type="checkbox"/>	
Bread rolls ^{a, c, g}	<input type="checkbox"/>	
Bread (max. 4)		
Crispbread ^{a, k}	<input type="checkbox"/>	
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>	
Brown bread ^a	<input type="checkbox"/>	
Wholegrain bread ^a	<input type="checkbox"/>	
White bread ^a	<input type="checkbox"/>	

Dinner			
Toppings (max. 8)			
Savoury toppings			
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Mon	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Tue	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Liver sausage ²	<input type="checkbox"/>	Wed	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>		
Spicy turkey sausage ^{2, 3, 6, j}	<input type="checkbox"/>		
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>		
Cheese & quark			
Cream cheese with herbs ^g	<input type="checkbox"/>	Thu	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cream cheese, natural ^g	<input type="checkbox"/>	Fri	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Gouda (lactose-free) ^g	<input type="checkbox"/>		
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>		
Maasdamer cheese (lactose-free) ^g	<input type="checkbox"/>	Sat	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Sweet spreads			
Jam	<input type="checkbox"/>	Sun	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Spreads			
Butter ^g	<input type="checkbox"/>		
Margarine ¹	<input type="checkbox"/>		
Bread (max. 4)			
Crispbread ^{a, k}	<input type="checkbox"/>		
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>		
Brown bread ^a	<input type="checkbox"/>		
Wholegrain bread ^a	<input type="checkbox"/>		
White bread ^a	<input type="checkbox"/>		
Extras (max.1)			
Gherkin ^{2, 5}	<input type="checkbox"/>		
Tomato	<input type="checkbox"/>		
Snacks (max.1)			
Fruit yoghurt 3.5% fat ^{2, g}	<input type="checkbox"/>		
Natural yoghurt 1.5% fat ^g	<input type="checkbox"/>		

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