

	Lindenburg Menu	Sülz Menu	Grüngürtel Menu	Pastries
Mon	Chicken breast piccata a,g <input type="checkbox"/> Tomato sauce <input type="checkbox"/> Penne a <input type="checkbox"/> Mixed courgettes <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(B) Chili con Carne i,j <input type="checkbox"/> Rice <input type="checkbox"/> Tangerine <input type="checkbox"/>	(V) Bami goreng noodles a,f,i <input type="checkbox"/> Sweet-and-sour sauce 1,i,j <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Butter cookie 6,a,c,g <input type="checkbox"/>
Tue	Stir fry with turkey f,i <input type="checkbox"/> Mie noodles a,c <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(B) Rhenish beef "Sauerbraten" roast j <input type="checkbox"/> Beef gravy 9,l <input type="checkbox"/> Mini potato dumplings <input type="checkbox"/> Red cabbage 3,5,i <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	(V) Ricotta and spinach cannelloni a,c,g <input type="checkbox"/> Tomato and basil sauce i <input type="checkbox"/> Grated cheese 2,g <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Lemon cake 6,a,c <input type="checkbox"/>
Wed	(P) Cured pork roast 2,3 <input type="checkbox"/> Gravy <input type="checkbox"/> Mini potato dumplings <input type="checkbox"/> Sauerkraut cabbage i <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Poultry fritter 6,a,c,i,j <input type="checkbox"/> Pepper sauce i <input type="checkbox"/> Herbed rice <input type="checkbox"/> Peas <input type="checkbox"/> Apple <input type="checkbox"/>	Roast potatoes <input type="checkbox"/> Hollandaise sauce a,c,g <input type="checkbox"/> Vegetable stir-fry i <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Cream biscuit a,c,g,h <input type="checkbox"/>
Thu	Roast duck <input type="checkbox"/> Orange sauce g <input type="checkbox"/> Mini potato dumplings <input type="checkbox"/> Red cabbage 3,5,i <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Carrot stew i <input type="checkbox"/> (P) Bockwurst sausage 2,3,6 <input type="checkbox"/> Brown bread a <input type="checkbox"/> Banana <input type="checkbox"/>	Spicy falafels a,k <input type="checkbox"/> Tomato sauce <input type="checkbox"/> Chickpea and vegetable stew i <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Chocolate coins a,c,f,g <input type="checkbox"/>
Fri	Fillet of hoki fish "Meuniere" a,g,d <input type="checkbox"/> Mustard sauce g,i,j <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Broccoli <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Asian stir-fry with beef f <input type="checkbox"/> Pineapple sauce <input type="checkbox"/> Coconut basmati rice <input type="checkbox"/> Tangerine <input type="checkbox"/>	(V) Cauliflower casserole 2,c,g,i <input type="checkbox"/> Bearnaise sauce a,c,g,l <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Shortbread biscuits 1,a,c,g <input type="checkbox"/>
Sat	Chicken curry 1 <input type="checkbox"/> Mixed vegetable rice i <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Lentil stew i,j <input type="checkbox"/> (P) Bockwurst sausage 2,3,6 <input type="checkbox"/> Brown bread a <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Penne a <input type="checkbox"/> Mediterranean sauce i <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Cream biscuit a,c,g,h <input type="checkbox"/>
Sun	Beef "Stroganoff" g,j <input type="checkbox"/> Spätzle (egg pasta) a,c <input type="checkbox"/> Mixed vegetables <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Ratatouille vegetables <input type="checkbox"/> Fusilli a <input type="checkbox"/> Pear <input type="checkbox"/>	(V) Cauliflower burger a,g <input type="checkbox"/> Hollandaise sauce a,c,g <input type="checkbox"/> Parsley boiled potatoes <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Waffle a,c,f,g <input type="checkbox"/>

## Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 5 = contains sweetener, 6 = contains phosphate, 9 = contains sulphur, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard, k = contains sesame, l = contains sulphur dioxide / sulphites

Dear Sir/Madam,



## Menu selection

You can put together your individual meal from our wide range of dishes.  
The Patient Service staff are on hand to assist with your menu requests.  
The UKC kitchen team hopes that you enjoy your meal. Subject to change.

Breakfast		
<b>Toppings (max. 8)</b>	Wholegrain bread <sup>a</sup>	<input type="checkbox"/>
<b>Savoury toppings</b>	White bread <sup>a</sup>	<input type="checkbox"/>
Meat sausage <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Extras (max.1)</b>
Cured pork <sup>2, 3, 6</sup>	<input type="checkbox"/>	Cocoa 3.5 % fat <sup>g</sup>
Liver sausage <sup>2</sup>	<input type="checkbox"/>	Milk 3.5% fat <sup>g</sup>
Turkey ham <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Snacks (max.1)</b>
Spicy turkey sausage <sup>2, 3, 6, j</sup>	<input type="checkbox"/>	Fruit yoghurt 3.5% fat <sup>2, g</sup>
Turkey salami <sup>1, 2, 3</sup>	<input type="checkbox"/>	Compote
<b>Cheese &amp; quark</b>	Muesli with milk 3.5% fat <sup>a, g, h</sup>	<input type="checkbox"/>
Cream cheese with herbs <sup>g</sup>	<input type="checkbox"/>	Muesli with natural yoghurt 1.5% fat <sup>a, g, h</sup>
Cream cheese, natural <sup>g</sup>	<input type="checkbox"/>	Natural yoghurt 1.5% fat <sup>g</sup>
Gouda (lactose-free) <sup>g</sup>	<input type="checkbox"/>	Fruit
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>	
Maasdamer cheese (lactose-free) <sup>g</sup>	<input type="checkbox"/>	
Low-fat quark 40 g <sup>g</sup>	<input type="checkbox"/>	
<b>Sweet spreads</b>		
Apricot jam	<input type="checkbox"/>	
Strawberry jam	<input type="checkbox"/>	
Honey	<input type="checkbox"/>	
Blackcurrant jam	<input type="checkbox"/>	
Cherry jam	<input type="checkbox"/>	
Chocolate hazelnut spread <sup>f, g, h</sup>	<input type="checkbox"/>	
<b>Spreads</b>		
Butter <sup>g</sup>	<input type="checkbox"/>	
Margarine <sup>1</sup>	<input type="checkbox"/>	
<b>Rolls (max. 2)</b>		
Multi-grain rolls <sup>6, a, f</sup>	<input type="checkbox"/>	
Long rolls <sup>6, a</sup>	<input type="checkbox"/>	
Bread rolls <sup>a, c, g</sup>	<input type="checkbox"/>	
<b>Bread (max. 4)</b>		
Crispbread <sup>a, k</sup>	<input type="checkbox"/>	
Multi-grain bread <sup>a, f, k</sup>	<input type="checkbox"/>	
Brown bread <sup>a</sup>	<input type="checkbox"/>	
Wholegrain bread <sup>a</sup>	<input type="checkbox"/>	
White bread <sup>a</sup>	<input type="checkbox"/>	

Dinner			
<b>Toppings (max. 8)</b>			
<b>Savoury toppings</b>			
Meat sausage <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Mon</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Cured pork <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Tue</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Liver sausage <sup>2</sup>	<input type="checkbox"/>	<b>Wed</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Turkey ham <sup>2, 3, 6</sup>	<input type="checkbox"/>		
Spicy turkey sausage <sup>2, 3, 6, j</sup>	<input type="checkbox"/>		
Turkey salami <sup>1, 2, 3</sup>	<input type="checkbox"/>		
<b>Cheese &amp; quark</b>			
Cream cheese with herbs <sup>g</sup>	<input type="checkbox"/>	<b>Thu</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Cream cheese, natural <sup>g</sup>	<input type="checkbox"/>	<b>Fri</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Gouda (lactose-free) <sup>g</sup>	<input type="checkbox"/>		
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>		
Maasdamer cheese (lactose-free) <sup>g</sup>	<input type="checkbox"/>	<b>Sat</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
<b>Sweet spreads</b>			
Jam	<input type="checkbox"/>	<b>Sun</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
<b>Spreads</b>			
Butter <sup>g</sup>	<input type="checkbox"/>		
Margarine <sup>1</sup>	<input type="checkbox"/>		
<b>Bread (max. 4)</b>			
Crispbread <sup>a, k</sup>	<input type="checkbox"/>		
Multi-grain bread <sup>a, f, k</sup>	<input type="checkbox"/>		
Brown bread <sup>a</sup>	<input type="checkbox"/>		
Wholegrain bread <sup>a</sup>	<input type="checkbox"/>		
White bread <sup>a</sup>	<input type="checkbox"/>		
<b>Extras (max.1)</b>			
Gherkin <sup>2, 5</sup>	<input type="checkbox"/>		
Tomato	<input type="checkbox"/>		
<b>Snacks (max.1)</b>			
Fruit yoghurt 3.5% fat <sup>2, g</sup>	<input type="checkbox"/>		
Natural yoghurt 1.5% fat <sup>g</sup>	<input type="checkbox"/>		

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