

Lunch menu selection from 22/11/2021 to 28/11/2021

Ward: _____

Room: _____



	Lindenburg Menu	Sülz Menu	Grüngürtel Menu	Pastries		
Mon	Chicken breast <input type="checkbox"/> Suprême sauce ^{3,6,i} <input type="checkbox"/> Spätzle egg noodles ^{9,c} <input type="checkbox"/> Broccoli <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	(S) Pea stew ^{2,3,i} <input type="checkbox"/> Fine rye bread ^a <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Thai vegetables ^{f,i} <input type="checkbox"/> Red Thai sauce ⁱ <input type="checkbox"/> Jasmine rice <input type="checkbox"/> Apple compote ³ <input type="checkbox"/>	Butter cookie ^{6,a,c,g} <input type="checkbox"/>		
Tue	Fillet of hoki fish "Meuniere" ^{6,a,g,d} <input type="checkbox"/> Lemon sauce ⁱ <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Carrots ⁱ <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	Fried blood sausage ² <input type="checkbox"/> Onion gravy <input type="checkbox"/> Mashed potatoes ^{2,3,6,g} <input type="checkbox"/> Apple compote ³ <input type="checkbox"/> Apple <input type="checkbox"/>	Penne ^a <input type="checkbox"/> Mediterranean sauce ⁱ <input type="checkbox"/> Grated cheese ⁸ <input type="checkbox"/> Apple compote ³ <input type="checkbox"/>	Lemon cake ^{6,a,c} <input type="checkbox"/>		
Wed	Turkey steak <input type="checkbox"/> Hungarian sauce <input type="checkbox"/> Spinach gnocchi <input type="checkbox"/> Mixed Balkan <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	(S) Broad beans <input type="checkbox"/> Gravy <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Pear <input type="checkbox"/>	Couscous stir fry ^{a,i} <input type="checkbox"/> Tomato and basil sauce ⁱ <input type="checkbox"/> Apple compote ³ <input type="checkbox"/>	Sandwich cookie ^{a,c,g,h} <input type="checkbox"/>		
Thu	Spaghetti ^a <input type="checkbox"/> (G) Carbonara ^{2,3,6} <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	(s) Carrot and potato mash ⁱ <input type="checkbox"/> Mustard ^j <input type="checkbox"/> (S) Mettwurst pork sausage ^{2,3,j} <input type="checkbox"/> Apple <input type="checkbox"/>	Broccoli and carrot soufflé ^{6,a,c,g} <input type="checkbox"/> Herb sauce <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Apple Compote ³ <input type="checkbox"/>	Chocolate coin ^{a,c,f,g} <input type="checkbox"/>		
Fri	Breaded sea trout ^{6,a,c,j,d} <input type="checkbox"/> Remoulade ^{1,c,j} <input type="checkbox"/> Warm potato salad ^{2,j} <input type="checkbox"/> Fried cucumber in a sauce ^{1,9,g,j,l} <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	Bacon pancake ^{a,c,g} <input type="checkbox"/> Kiwi fruit <input type="checkbox"/> Herb curd cheese ⁸ <input type="checkbox"/>	3 eggs ^c <input type="checkbox"/> Mustard sauce ^{l,j} <input type="checkbox"/> Boiled potatoes <input type="checkbox"/> Creamed spinach ^{8,i} <input type="checkbox"/> Apple compote ³ <input type="checkbox"/>	Chocolate shortbread biscuits ^{1,a,c,g} <input type="checkbox"/>		
Sat	Asian stir fry with chicken ^f <input type="checkbox"/> Fruity Asian sauce ^{1,i} <input type="checkbox"/> Rice <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	Mini pig knuckle ^{2,f} <input type="checkbox"/> Gravy <input type="checkbox"/> Mashed potatoes ^{2,3,6,g} <input type="checkbox"/> Sauerkraut ^l <input type="checkbox"/> Pear <input type="checkbox"/>	Potato tortilla ^{c,g,i} <input type="checkbox"/> Red pepper sauce ⁱ <input type="checkbox"/> Apple compote ³ <input type="checkbox"/>	Sandwich cookie ^{a,c,g,h} <input type="checkbox"/>		
Sun	Beef "Stroganoff" ^{8,j} <input type="checkbox"/> Spätzle egg noodles ^{a,c} <input type="checkbox"/> Cauliflower <input type="checkbox"/> Fruit yoghurt ⁸ <input type="checkbox"/>	(R) Rhenish beef "Sauerbraten" <input type="checkbox"/> roast ^j <input type="checkbox"/> Roast beef gravy ^{9,i} <input type="checkbox"/> Mini potato dumplings <input type="checkbox"/> Red cabbage ^{3,5,i} <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Vegetable strudel ^{a,c,g,i} <input type="checkbox"/> Spinach sauce ^{8,i} <input type="checkbox"/> Apple compote ³ <input type="checkbox"/>	Waffle ^{a,c,f,g} <input type="checkbox"/>		

Enjoy your meal 1 = with colouring, 2 = with preservative, 3 = with anti-oxidants, 5 = with sweetener, 6 = with phosphate, 9 = sulphurated, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (GMO-free), g = contain milk and dairy products including lactose, h = contains crustaceans, i = contains celery, j = contains mustard, l = contains sulfur dioxide/ sulfites

Menu selection

Dear Sir/Madam,

You can put together your individual meal from our wide range of dishes.
The Patient Service staff are on hand to assist with your menu requests.
The UKC kitchen team hopes that you enjoy your meal. Subject to change.



Breakfast		
Toppings (max. 8)	Wholegrain bread ^a	<input type="checkbox"/>
Savoury toppings	White bread ^a	<input type="checkbox"/>
Meat sausage ^{2, 3, 6}	Extras (max.1)	<input type="checkbox"/>
Cured pork ^{2, 3, 6}	Cocoa 3.5 % fat ^g	<input type="checkbox"/>
Liver sausage ²	Milk 3.5% fat ^g	<input type="checkbox"/>
Turkey ham ^{2, 3, 6}	Snacks (max.1)	<input type="checkbox"/>
Spicy turkey sausage ^{2, 3, 6, j}	Fruit yoghurt 3.5% fat ^{2, g}	<input type="checkbox"/>
Turkey salami ^{1, 2, 3}	Compote	<input type="checkbox"/>
Cheese & quark	Muesli with milk 3.5% fat ^{a, g, h}	<input type="checkbox"/>
Cream cheese with herbs ^g	Muesli with natural yoghurt 1.5% fat ^{a, g, h}	<input type="checkbox"/>
Cream cheese, natural ^g	Natural yoghurt 1.5% fat ^g	<input type="checkbox"/>
Gouda (lactose-free) ^g	Fruit	<input type="checkbox"/>
Greenland smoked cheese (lactose-free)		<input type="checkbox"/>
Maasdamer cheese (lactose-free) ^g		<input type="checkbox"/>
Low-fat quark 40 g ^g		<input type="checkbox"/>
Sweet spreads		
Apricot jam		<input type="checkbox"/>
Strawberry jam		<input type="checkbox"/>
Honey		<input type="checkbox"/>
Blackcurrant jam		<input type="checkbox"/>
Cherry jam		<input type="checkbox"/>
Chocolate hazelnut spread ^{f, g, h}		<input type="checkbox"/>
Spreads		
Butter ^g		<input type="checkbox"/>
Margarine ¹		<input type="checkbox"/>
Rolls (max. 2)		
Multi-grain rolls ^{6, a, f}		<input type="checkbox"/>
Long rolls ^{6, a}		<input type="checkbox"/>
Bread rolls ^{a, c, g}		<input type="checkbox"/>
Bread (max. 4)		
Crispbread ^{a, k}		<input type="checkbox"/>
Multi-grain bread ^{a, f, k}		<input type="checkbox"/>
Brown bread ^a		<input type="checkbox"/>

Dinner			
Toppings (max. 8)			
Savoury toppings			
Meat sausage ^{2, 3, 6}	<input type="checkbox"/>	Mon	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cured pork ^{2, 3, 6}	<input type="checkbox"/>	Tue	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Liver sausage ²	<input type="checkbox"/>	Wed	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Turkey ham ^{2, 3, 6}	<input type="checkbox"/>	Thu	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Spicy turkey sausage ^{2, 3, 6, j}	<input type="checkbox"/>	Fri	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Turkey salami ^{1, 2, 3}	<input type="checkbox"/>	Sat	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cheese & quark		Sun	Salad plate with brown bread and yoghurt dressing ^{a, c, g, i, j}
Cream cheese with herbs ^g	<input type="checkbox"/>		
Cream cheese, natural ^g	<input type="checkbox"/>		
Gouda (lactose-free) ^g	<input type="checkbox"/>		
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>		
Maasdamer cheese (lactose-free) ^g	<input type="checkbox"/>		
Sweet spreads			
Jam	<input type="checkbox"/>		
Spreads			
Butter ^g	<input type="checkbox"/>		
Margarine ¹	<input type="checkbox"/>		
Bread (max. 4)			
Crispbread ^{a, k}	<input type="checkbox"/>		
Multi-grain bread ^{a, f, k}	<input type="checkbox"/>		
Brown bread ^a	<input type="checkbox"/>		
Wholegrain bread ^a	<input type="checkbox"/>		
White bread ^a	<input type="checkbox"/>		
Extras (max.1)			
Gherkin ^{2, 5}	<input type="checkbox"/>		
Tomato	<input type="checkbox"/>		
Snacks (max.1)			
Fruit yoghurt 3.5% fat ^{2, g}	<input type="checkbox"/>		
Natural yoghurt 1.5% fat ^g	<input type="checkbox"/>		

Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 4 = contains flavour enhancer, 5 = contains sweetener, 6 = contains phosphate, 9 = contains sulphur, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard, k = contains sesame, l = contains sulphur dioxide / sulphites, m = contains lupins