

	Lindenburg Menu	Sülz Menu	Grüngürtel Menu	Pastries
Mon	Turkey Steak <input type="checkbox"/> Fruit Asian Sauce 1,i <input type="checkbox"/> Basmati Rice <input type="checkbox"/> Stir-fried vegetables <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(B) Goulash soup <input type="checkbox"/> Brown bread a <input type="checkbox"/> Tangerine <input type="checkbox"/>	(V) Cordon bleu potatoes a,f,g <input type="checkbox"/> Chive sauce g <input type="checkbox"/> Vegetable stir-fry <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Butter cookies 6,a,c,g <input type="checkbox"/>
Tue	Cooked Beef <input type="checkbox"/> Horseradish sauce 3,9,g,l <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Beetroot <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(B) Mashed carrots 2,3,j <input type="checkbox"/> Mustard j <input type="checkbox"/> (P) Mettwurst pork sausage 2,3,j <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Vegetarian Tortellini a,c,g <input type="checkbox"/> Vegetables in cheese sauce 1,6,g,i <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Lemon cake 6,a,c <input type="checkbox"/>
Wed	Chicken breast <input type="checkbox"/> Sage sauce <input type="checkbox"/> Penne a <input type="checkbox"/> Peas <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(B) Green bean stew with beef i <input type="checkbox"/> Brown bread a <input type="checkbox"/> Apple <input type="checkbox"/>	Asian vegetarian stir-fry f <input type="checkbox"/> Yellow curry sauce i,j <input type="checkbox"/> Mie noodles a,c <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Cream biscuit a,c,g,h <input type="checkbox"/>
Thu	(P) Beef roulade 2,3,5,i,j <input type="checkbox"/> Gravy <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Mixed vegetables <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	(P) Kebab 2,a,c <input type="checkbox"/> Rice <input type="checkbox"/> Hungarian pepper ragout 3,5,j <input type="checkbox"/> Banana <input type="checkbox"/>	Tofu and vegetable parcels a,f,g <input type="checkbox"/> Herb sauce <input type="checkbox"/> Mixed vegetable rice i <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Cherry biscuits a <input type="checkbox"/>
Fri	Pollock filet d <input type="checkbox"/> Dill sauce <input type="checkbox"/> Rice <input type="checkbox"/> Leaf spinach <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Chicken breast <input type="checkbox"/> Supreme sauce 3,g,i <input type="checkbox"/> Mashed potatoes 2,3,6,g <input type="checkbox"/> Peas <input type="checkbox"/> Tangerine <input type="checkbox"/>	Spinach and feta omelette 6,a,c,g <input type="checkbox"/> Chive sauce g <input type="checkbox"/> Salted boiled potatoes <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Shortbread biscuits 1,5,6,a,c,g <input type="checkbox"/>
Sat	Turkey steak <input type="checkbox"/> Mushroom cream sauce g <input type="checkbox"/> au gratin potatoes g <input type="checkbox"/> Romanesco <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	German roast pork i,j <input type="checkbox"/> Gravy <input type="checkbox"/> Mini potato dumplings a <input type="checkbox"/> Mixed vegetables <input type="checkbox"/> Kiwi fruit <input type="checkbox"/>	Vegetable pasta casserole a,c,g <input type="checkbox"/> Vegetables in cheese sauce 1,6,g,i <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Marble cake 1,5,6,a,c,g <input type="checkbox"/>
Sun	Chicken fricassee 1,3,i,j <input type="checkbox"/> Risi-Pisi (rice with peas) <input type="checkbox"/> Fruit yoghurt g <input type="checkbox"/>	Lamb goulash <input type="checkbox"/> Spätzle (egg pasta) a,c <input type="checkbox"/> Green beans <input type="checkbox"/> Pear <input type="checkbox"/>	Curd cheese pancakes a,c,g <input type="checkbox"/> Hot cherry sauce <input type="checkbox"/> Apple sauce 3 <input type="checkbox"/>	Lemon biscuits a,c,g <input type="checkbox"/>

## Enjoy your meal

1 = contains food colouring, 2 = contains preservatives, 3 = contains anti-oxidant, 5 = contains sweetener, 6 = contains phosphate, 9 = contains sulphur, a = contains gluten, c = contains egg and egg products, d = contains fish, f = contains soya (non-GM), g = contains milks and dairy products including lactose, h = contains shellfish, i = contains celery, j = contains mustard, k = contains sesame, l = contains sulphur dioxide / sulphites

Dear Sir/Madam,



## Menu selection

You can put together your individual meal from our wide range of dishes.  
The Patient Service staff are on hand to assist with your menu requests.  
The UKC kitchen team hopes that you enjoy your meal. Subject to change.

Breakfast		
<b>Toppings (max. 8)</b>	Wholegrain bread <sup>a</sup>	<input type="checkbox"/>
<b>Savoury toppings</b>	White bread <sup>a</sup>	<input type="checkbox"/>
Meat sausage <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Extras (max.1)</b>
Cured pork <sup>2, 3, 6</sup>	<input type="checkbox"/>	Cocoa 3.5 % fat <sup>g</sup>
Liver sausage <sup>2</sup>	<input type="checkbox"/>	Milk 3.5% fat <sup>g</sup>
Turkey ham <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Snacks (max.1)</b>
Spicy turkey sausage <sup>2, 3, 6, j</sup>	<input type="checkbox"/>	Fruit yoghurt 3.5% fat <sup>2, g</sup>
Turkey salami <sup>1, 2, 3</sup>	<input type="checkbox"/>	Compote
<b>Cheese &amp; quark</b>	Muesli with milk 3.5% fat <sup>a, g, h</sup>	<input type="checkbox"/>
Cream cheese with herbs <sup>g</sup>	<input type="checkbox"/>	Muesli with natural yoghurt 1.5% fat <sup>a, g, h</sup>
Cream cheese, natural <sup>g</sup>	<input type="checkbox"/>	Natural yoghurt 1.5% fat <sup>g</sup>
Gouda (lactose-free) <sup>g</sup>	<input type="checkbox"/>	Fruit
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>	
Maasdamer cheese (lactose-free) <sup>g</sup>	<input type="checkbox"/>	
Low-fat quark 40 g <sup>g</sup>	<input type="checkbox"/>	
<b>Sweet spreads</b>		
Apricot jam	<input type="checkbox"/>	
Strawberry jam	<input type="checkbox"/>	
Honey	<input type="checkbox"/>	
Blackcurrant jam	<input type="checkbox"/>	
Cherry jam	<input type="checkbox"/>	
Chocolate hazelnut spread <sup>f, g, h</sup>	<input type="checkbox"/>	
<b>Spreads</b>		
Butter <sup>g</sup>	<input type="checkbox"/>	
Margarine <sup>1</sup>	<input type="checkbox"/>	
<b>Rolls (max. 2)</b>		
Multi-grain rolls <sup>6, a, f</sup>	<input type="checkbox"/>	
Long rolls <sup>6, a</sup>	<input type="checkbox"/>	
Bread rolls <sup>a, c, g</sup>	<input type="checkbox"/>	
<b>Bread (max. 4)</b>		
Crispbread <sup>a, k</sup>	<input type="checkbox"/>	
Multi-grain bread <sup>a, f, k</sup>	<input type="checkbox"/>	
Brown bread <sup>a</sup>	<input type="checkbox"/>	
Wholegrain bread <sup>a</sup>	<input type="checkbox"/>	
White bread <sup>a</sup>	<input type="checkbox"/>	

Dinner			
<b>Toppings (max. 8)</b>			
<b>Savoury toppings</b>			
Meat sausage <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Mon</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Cured pork <sup>2, 3, 6</sup>	<input type="checkbox"/>	<b>Tue</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Liver sausage <sup>2</sup>	<input type="checkbox"/>	<b>Wed</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Turkey ham <sup>2, 3, 6</sup>	<input type="checkbox"/>		
Spicy turkey sausage <sup>2, 3, 6, j</sup>	<input type="checkbox"/>		
Turkey salami <sup>1, 2, 3</sup>	<input type="checkbox"/>		
<b>Cheese &amp; quark</b>			
Cream cheese with herbs <sup>g</sup>	<input type="checkbox"/>	<b>Thu</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Cream cheese, natural <sup>g</sup>	<input type="checkbox"/>	<b>Fri</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
Gouda (lactose-free) <sup>g</sup>	<input type="checkbox"/>		
Greenland smoked cheese (lactose-free)	<input type="checkbox"/>		
Maasdamer cheese (lactose-free) <sup>g</sup>	<input type="checkbox"/>	<b>Sat</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
<b>Sweet spreads</b>			
Jam	<input type="checkbox"/>	<b>Sun</b>	Salad plate with brown bread and yoghurt dressing <sup>a, c, g, i, j</sup>
<b>Spreads</b>			
Butter <sup>g</sup>	<input type="checkbox"/>		
Margarine <sup>1</sup>	<input type="checkbox"/>		
<b>Bread (max. 4)</b>			
Crispbread <sup>a, k</sup>	<input type="checkbox"/>		
Multi-grain bread <sup>a, f, k</sup>	<input type="checkbox"/>		
Brown bread <sup>a</sup>	<input type="checkbox"/>		
Wholegrain bread <sup>a</sup>	<input type="checkbox"/>		
White bread <sup>a</sup>	<input type="checkbox"/>		
<b>Extras (max.1)</b>			
Gherkin <sup>2, 5</sup>	<input type="checkbox"/>		
Tomato	<input type="checkbox"/>		
<b>Snacks (max.1)</b>			
Fruit yoghurt 3.5% fat <sup>2, g</sup>	<input type="checkbox"/>		
Natural yoghurt 1.5% fat <sup>g</sup>	<input type="checkbox"/>		

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